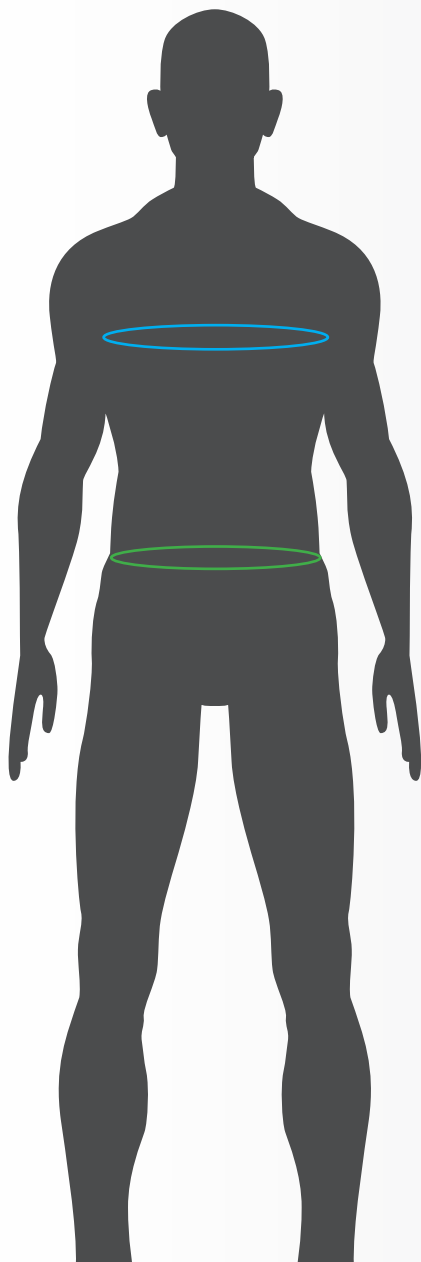




## / SIZING CHART



### MENS JERSEY - REGULAR FIT

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
GARMENT (CHEST)	99	104	109	114	119	124	129	134	139
TO FIT (CHEST)	85-90	90-95	95-100	100-105	105-110	110-115	115-120	120-125	125-130

### MENS JERSEY - PLAYERS FIT\*

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
GARMENT (CHEST)	95	100	105	110	115	120	125	130	135
TO FIT (CHEST)	82-87	87-92	92-97	97-102	102-107	107-112	112-117	117-122	122-127

### MENS T-SHIRT | POLO | SINGLET | MUSCLE TEE

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
GARMENT (CHEST)	99	104	109	114	119	124	129	134	139
TO FIT (CHEST)	85-90	90-95	95-100	100-105	105-110	110-115	115-120	120-125	125-130

**i** **HOW DO YOU MEASURE UP?** Run a flexible tape measure across the widest point of your chest. Keep the tape tight and straight. Use the 'To Fit' guide to determine whether or not you want a tighter fit or a more relaxed fit, or the 'Garment' measurement for the maximum chest circumference. All measurements are in cm.

### MENS SHORTS

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
TO FIT (WAIST)	28	30	32	34	36	38	40	42	44

### MENS PANTS

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
TO FIT (WAIST)	28	30	32	34	36	38	40	42	44

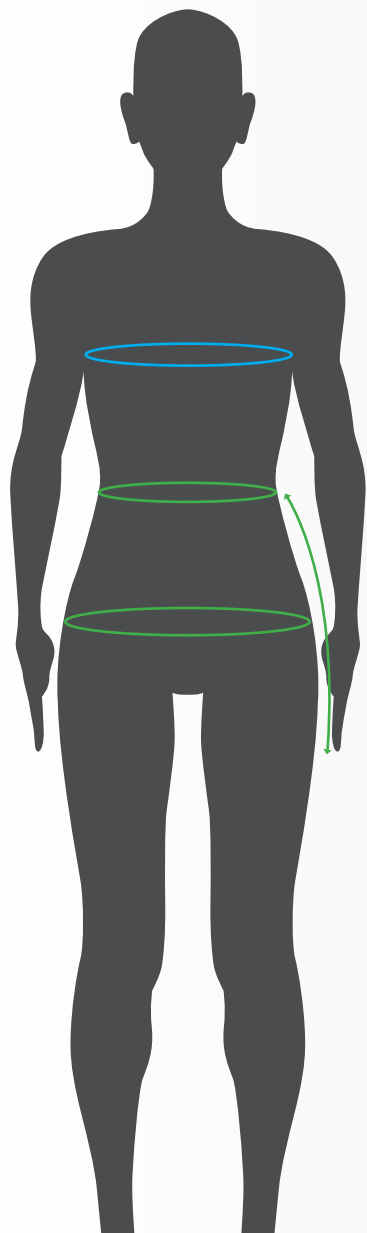
**i** **HOW DO YOU MEASURE UP?** Run a flexible tape measure around the narrowest part of your waist. Keep the tape tight and straight. The elastic waistband will allow for some range in whatever size you choose. All measurements are in inches.

\* FI-TA recommends moving up one size from the regular fit jersey to find the best fit in the players jersey.

These charts are for information only to find the best suitable size. Individuals have respective measurements and preferences.



## / SIZING CHART



### LADIES JERSEY | POLO | T-SHIRT

	6	8	10	12	14	16	18
GARMENT (BUST)	86	90	94	98	102	106	110
TO FIT (BUST)	77-81	81-85	85-89	89-93	93-97	97-101	101-105

### LADIES SINGLET

	6	8	10	12	14	16	18
GARMENT (BUST)	78	82	86	90	94	98	102
TO FIT (BUST)	73-77	77-81	81-85	85-89	89-93	93-97	97-101

### LADIES SHORTS

	6	8	10	12	14	16	18
TO FIT (WAIST)	61-66	66-71	71-76	76-81	81-86	86-91	91-96
TO FIT (HIPS)	86-91	91-96	96-101	101-106	106-111	111-116	116-121

### LADIES SKIRT / SKORT

	6	8	10	12	14	16	18
TO FIT (WAIST)	61-66	66-71	71-76	76-81	81-86	86-91	91-96
TO FIT (HIPS)	86-91	91-96	96-101	101-106	106-111	111-116	116-121
LENGTH - LONG	37						
LENGTH - MEDIUM	34.5						
LENGTH - MINI	32						

**i HOW DO YOU MEASURE UP?**  
Run a flexible tape measure across the widest point of your chest. Keep the tape tight and straight. Use the 'To Fit' guide to determine whether or not you want a tighter fit or a more relaxed fit, or the 'Garment' measurement for the maximum chest circumference.  
All measurements are in cm.

**i HOW DO YOU MEASURE UP?**  
Run a flexible tape measure around the narrowest point of your waist and look for your measurement on the chart.  
All measurements are in cm.

These charts are for information only to find the best suitable size. Individuals have respective measurements and preferences.



# / SIZING CHART

## YOUTH JERSEY | POLO | T-SHIRT | SINGLET

	6	8	10	12	14	16	
GARMENT (CHEST)	37	39	42	45	48	50	
TO FIT (CHEST)	28-32	32-36	36-39	39-41	41-44	44-46	

## YOUTH TRAINING / TOUCH SHORTS

	6	8	10	12	14	16	
RELAXED	26	27	28	30	32	33	
STRETCHED	37	39	40	42	44	46	
LENGTH - TRAINING	31	32	36	38	42	44	
LENGTH - TOUCH	29	30	34	36	40	42	

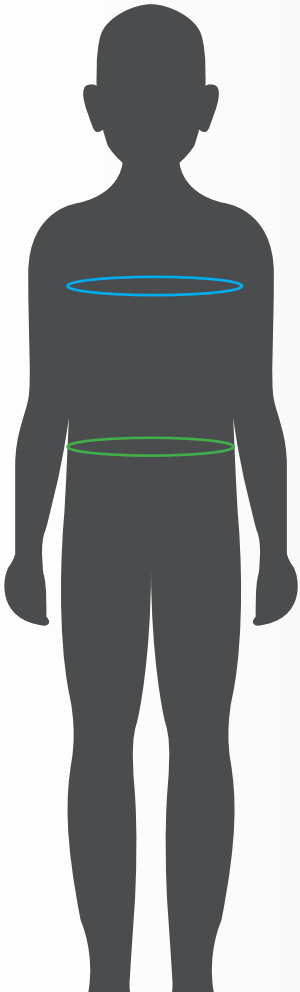
## GIRLS SKIRT / SKORT

	6	8	10	12	14
WAIST	31	34	36	38	43
LENGTH	25	27	29	31	33

**i HOW DO YOU MEASURE UP?**  
Run a flexible tape measure across the widest point of your chest. Keep the tape tight and straight. Use the 'To Fit' guide to determine whether or not you want a tighter fit or a more relaxed fit, or the 'Garment' measurement for the maximum chest circumference.  
All measurements are in cm.

**i HOW DO YOU MEASURE UP?**  
Run a flexible tape measure around the narrowest point of your waist and look to see where your measurement lies between relaxed and stretched.  
All measurements are in cm.

**i HOW DO YOU MEASURE UP?**  
Run a flexible tape measure around the narrowest point of your waist and look to see where your measurement lies.  
All measurements are in cm.



These charts are for information only to find the best suitable size. Individuals have respective measurements and preferences.